



Career Guides

Sports Psychologist

Sports Psychologists create, plan, and implement mental health strategies for athletes who require treatment in the areas of mental and emotional health.

Where You Might Work

Psychologists should expect to work in many different industry locations, including:

- › Psychology clinics
- › Professional and amateur sports clubs
- › Community centres such as PCYC, YMCA etc.
- › Allied health clinics



Key Responsibilities

Working in psychology can be a challenging and thought-provoking profession that will include many different responsibilities throughout a day at work. These responsibilities could include:

- › Collecting data about clients and assessing their cognitive, behavioural, and emotional functioning.
- › Administering and interpreting diagnostic tests.
- › Formulating plans for treatment.
- › Developing, administering, and evaluating treatment programs.
- › Consulting with other professionals and coaches on details of cases and treatment plans.

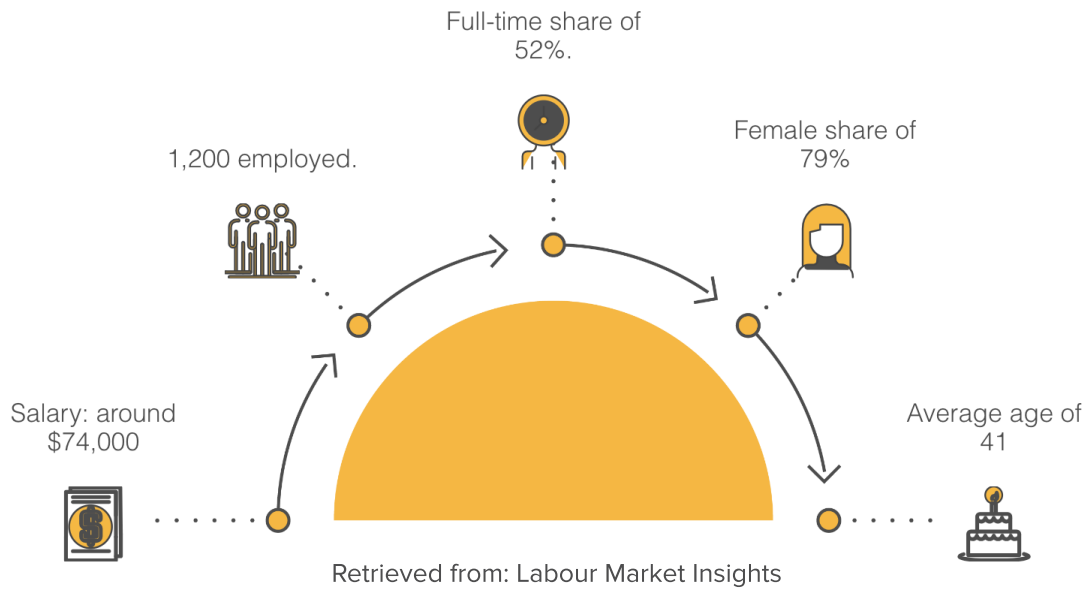
The Attributes and Skills You Will Need

Attributes Sports Psychologists must show to succeed in their profession include:

- › A high level of emotional intelligence and empathy.
- › Good communication skills, both in-person and digitally.
- › Good problem-solving skills, with the ability to provide quick feedback/advice to clients.
- › An ability to interpret data and analyse results.



Quick Facts



Salary: The average salary of a Sports Psychologist in Australia is around \$74,000, according to payscale.com.

Qualifications

The following career guide highlights the best way to become a sports Psychologist. You will need to receive an ATAR score and be willing to study at a university.

Course	Potential Career Outcomes	Further Qualifications	Duration and Number of elements/units
Bachelor of Psychological Science	This degree prepares you for most careers in psychology. We recommend taking elective subjects that relate back to sport.	Many students will continue their study path by undergoing a master's qualification.	Full-time duration of 4 years



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